

Indoor Flag Football

League Fees

\$900.00 per team

(Includes 1 practice week, 9 games & playoff week)
a \$100.00 deposit is required at the time of registration.
The balance of league fees is due by the third week.

Payment Policy:

- A \$100.00 deposit is due at the time of registration in order to hold your place in the league.
- The full balance must be paid before the start of the third game.
- The Sports Centre requires each team to put a credit card down at the time of purchase to insure payment of league fees.

League Format

- Each team will play 9 games. Each game consists of two 22 minute halves.
- One time-out per half
- The top four teams reach the playoffs
- Overtime ONLY in playoffs
- 6v6 on the field
- You can run and pass at all times (except Varsity)
- Kicking game included
- One man motion
- Two referees will oversee each game

Rosters

Rosters:

All teams must submit a roster by their first game.
All changes must be made by game 3.
NO EXCEPTIONS!!!!

Age cutoff is Opening Day!

About The Sports Centre

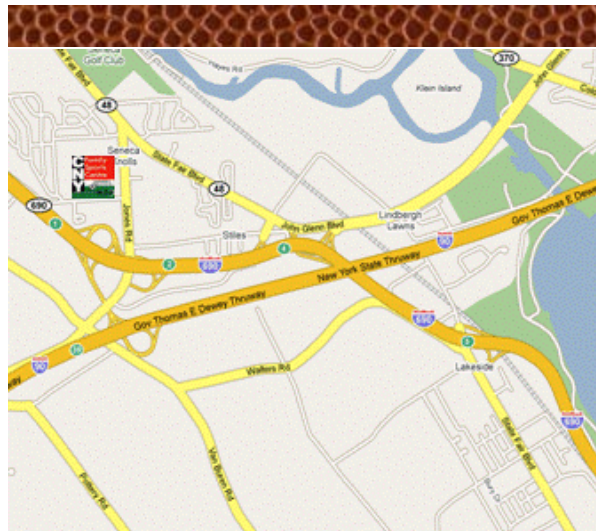
Featuring Indoors

- ◆ Two 185' x 85', Sport Field turf (plays like natural grass) multipurpose fields with dashboards
- ◆ Seating for 320 spectators in bleachers
- ◆ One 500 sq. ft. warm-up area
- ◆ Men's & women's changing areas and rest rooms
- ◆ Education Center / Team Meeting Room
- ◆ Video arcade
- ◆ Upper Level Mezzanine for spectator viewing

Featuring Outdoors

- ◆ Three 110 yd. x 70 yd. multipurpose natural grass fields
- ◆ Two 70 yd. x 40 yd. natural grass multipurpose fields
- ◆ One 90 yd. x 60 yd. Natural Grass multipurpose field
- ◆ Family picnic area
- ◆ 250 car parking lot

Conveniently located off Route 690 at Jones Road or Exit 39 of the NYS Thruway



Season Starts

Winter - 2010

9 games plus playoffs!

The CNY Family Sports Centre

7201 Jones Road
Syracuse, New York 13209

Phone 638-8866

Fax: 638-2882

www.CNYFSC.com

Contact Information

Flag Football Director
Jeff Halsey

Phone: (315) - 708 - 8455
 Email: jeffreyhalsey@yahoo.com

If you can not reach our Flag Football Director feel free to contact a member of the Sports Centre staff at 638 - 8866 or at cnyfsc@gmail.com

WANTED:

Coaches for all levels!
 If you are interested in coaching a team at any level Please Contact:

**Flag Football Director
 Jeff Halsey or**

Call the Sports Centre and a member of our staff will assist you.

All the important contact information is located above!

Champion & Runner-Up Awards for the flag football program provided by:

Platinum Promotional Products

League Schedule

League	Day of Week	Start Date	Game Times
Mites Ages 6-8	TUES	TBA 2010	6-8:45
Bobcat Age 9-10	WED	TBA 2010	6-9:45 pm
Jr. Bantam 11-12	THURS	TBA 2010	6-9:45 pm
Bantam 13-14	FRIDAY	TBA 2010	6-9:45 pm
Sr. Bantam 15-16	FRIDAY	TBA 2010	7-11 pm

Ages & Divisions:

- 7&8 - Mites
- 9-11 - Bobcat
- 12-13 - Jr. Bantam
- 14-15 - Bantam
- 16-17 - Sr. Bantam (passing league only 7on 7)
- NO YOUTHS 18 OF AGE!!! Birth Certs will be checked!

Located inside the Sports Centre:



Cool Down Ice Cream Parlor

Serving Perry's Ice Cream
Hot Food and Snacks Too!

Upstairs inside the Sports Centre:



Fully Equipped Gym
Team and Individual
Sports Training

Registration Form

2010 Flag Football Registration Form

Team Name: _____

Age: _____ Division: _____

Manager/Coach: _____

Manager/Coach Email: _____

Address: _____

City: _____ Zip: _____

Day Phone: _____

Evening Phone: _____

Assistant: _____

Day Phone: _____

Evening Phone: _____

Credit Card: (Required)

Visa ___ Master Card ___ Discover ___

Expiration: ____/____

I as the team manager / coach agree to have my credit card used for the purpose of insuring payment of league fees. I understand that if my team has not paid the full amount of the league by our 2nd game, my card will be billed for the balance.

Card Holder: _____

Signature: _____



Checks can be made payable to:

CNYFSC

