

# Indoor Flag Football

## League Fees

**\$900.00 per team**

9 GAMES PLUS PLAYOFFS

a \$250.00 deposit is required at the time of registration.

The balance of league fees is due by the third week.

### Payment Policy:

- A \$250.00 deposit is due at the time of registration in order to hold your place in the league.
- The full balance must be paid before the start of the third game.
- The Sports Centre requires each team to put a credit card down at the time of purchase to insure payment of league fees.

## League Format

- Each team will play 9 games. Each game consists of four 10 minute quarters.
- One time-out per half
- The top four teams reach the playoffs
- Overtime ONLY in playoffs
- 7 v 7 on the field
- You can run and pass at all times
- Kicking game included
- One man motion
- Two referees will oversee each game
- Absolutely NO Cleats will be permitted

## Rosters

### Rosters:

All teams must submit a roster by the first game  
All changes must be made by game 3.

**NO EXCEPTIONS!!!!**

Age cutoff is January 1st!

# About The Sports Centre

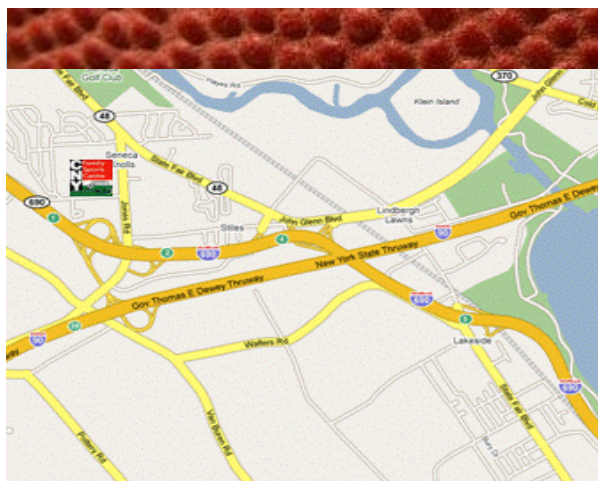
### Featuring Indoors

- ◆ Two 185' x 85', Sport Field turf (plays like natural grass) multipurpose fields with dashboards
- ◆ Seating for 320 spectators in bleachers
- ◆ One 500 sq. ft. warm-up area
- ◆ Men's & women's changing areas and rest rooms
- ◆ Education Center / Team Meeting Room
- ◆ Video arcade
- ◆ Upper Level Mezzanine for spectator viewing

### Featuring Outdoors

- ◆ Three 110 yd. x 70 yd. multipurpose natural grass fields
- ◆ Two 70 yd. x 40 yd. natural grass multipurpose fields
- ◆ One 90 yd. x 60 yd. Natural Grass multipurpose field
- ◆ Family picnic area
- ◆ 250 car parking lot

Conveniently located off Route 690 at Jones Road or Exit 39 of the NYS Thruway



# FLAG FOOTBALL Varsity FIRST SESSION 2011



**FIRST SESSION STARTS  
DECEMBER 9TH 2011  
9 games plus playoffs!**

The CNY Family Sports Centre  
7201 Jones Road  
Syracuse, New York 13209  
Phone 638-8866

[www.CNYFSC.com](http://www.CNYFSC.com)

## Contact Information

Flag Football Director  
**Jeff Halsey**  
 Phone: (315) - 751-4259  
 Email: jeffreyhalsey@yahoo.com

If you can not reach our Flag Football Director feel free to contact a member of the Sports Centre staff at 638 - 8866 or at SportsCentre@aol.com

### WANTED:

**Coaches for all levels!**  
 If you are interested in coaching a team at any level Please Contact:

Flag Football Director  
**Jeff Halsey** or

Call the Sports Centre and a member of our staff will assist you.

All the important contact information is located above!

## League Schedule

League	Day of Week	Start Date	End Date
Varsity 15-17	Fridays	December 9th	Playoffs March 2nd

League schedule  
 December 9, December 16  
 January 6, January 20, January 27  
 February 3, February 10, February 17, February 24  
 Playoffs—March 2nd

### All Divisions:

**Age Cut-off for each division is January 1, 2011**

Check **Facebook** for more information on additional leagues, and special events put on by **Legend Events** at the **CNY Family Sports Centre!**

Champion & Runner-Up Awards for the flag football program provided by:

**New Age Graphix**



**Located inside the Sports Centre:**



**Upstairs inside the Sports Centre:**



Fully Equipped Gym  
 Team and Individual  
 Sports Training

## Registration Form

### 2011 Flag Football Registration Form

Team Name: \_\_\_\_\_

Age: \_\_\_\_\_ Division: \_\_\_\_\_

Manager/Coach: \_\_\_\_\_

Manager/Coach Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Assistant: \_\_\_\_\_

Day Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Credit Card: (Required)

Visa \_\_\_ Master Card \_\_\_ Discover \_\_\_

# \_\_\_\_\_

Expiration: \_\_\_\_\_

I as the team manager / coach agree to have my credit card used for the purpose of insuring payment of league fees. I understand that if my team has not paid the full amount of the league by our 2nd game, my card will be billed for the balance.

Card Holder: \_\_\_\_\_

Signature: \_\_\_\_\_

Checks can be made payable to:  
**CNYFSC**