

About The Coaching Staff

Jeff Knittel

Director of Coaching

A former player at Syracuse University, Jeff has become one of the most recognized players from the Syracuse area. A native of Chittenango, he was a 3 time All-



America, 1994 National High School Player of the year, a former U17 USA National Team Player, and the 1995 Big East Conference Rookie of The Year. He was the Boys Varsity Head Coach at Fulton High School from 2002 - 2007 and lead the team to the 2005 NYSPHSAA State Championship, and the 2006 Section III Finals. From 2009-2011, Jeff was the Men's Soccer Head Coach at Onondaga Community College leading the program to the MSAC Conference Championship in 2011 and Runner Up in 2009 & 2010. Jeff is the General Manager at The CNY Family Sports Centre. He currently holds a USSF National "B" License.

Adela Racic - Staff Coach

Dave Bove - Staff Coach

Madison Cumminsky - Staff Coach

Tia Segretto - Staff Coach

Chris Spaulding - Staff Coach

Reis Cunningham - Staff Coach

Many Talented Coaches from the Syracuse area will be present at Games and Training

Guest Coaches will be attending weekly

Guest Coaches will consist of some of the best current youth coaches in the area



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About The Sports Centre

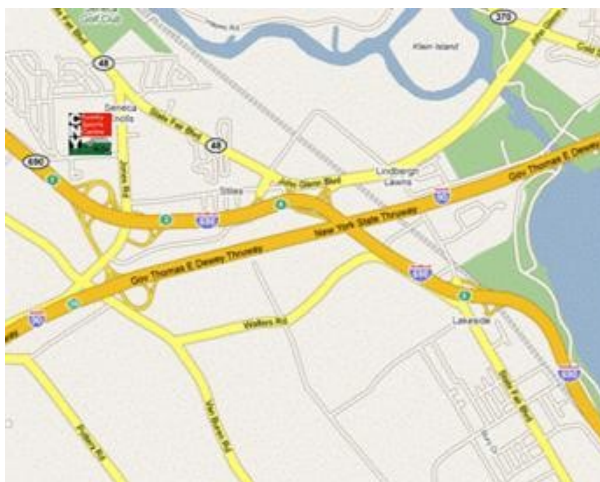
Featuring Indoors

- ◆ Two 185' x 85', Sport Field turf (plays like natural grass) multipurpose fields with dasherboards
- ◆ Seating for 320 spectators in bleachers
- ◆ One 500 sq. ft. warm-up area
- ◆ Men's & women's changing areas and rest rooms
- ◆ Education Center / Team Meeting Room
- ◆ Video arcade
- ◆ Upper Level Mezzanine for spectator viewing

Featuring Outdoors

- ◆ Three 110 yd. x 70 yd. multipurpose natural grass fields
- ◆ Two 70 yd. x 40 yd. multipurpose natural grass fields
- ◆ One 90 yd. x 60 yd. multipurpose natural grass field
- ◆ One 35 yd. x 25 yd. multipurpose natural grass field
- ◆ Family picnic area
- ◆ 250 car parking lot

Conveniently located off Route 690 at Jones Road
or Exit 39 of the NYS Thruway



CNY Youth Soccer Individual Registration

May 2016 - August 2016

Soccer Training and Games
Ages U6-U19

Training Every Monday

Games Every Friday/Saturday



Summer Outdoor

The CNY Family Sports Centre
7201 Jones Road
Syracuse, New York 13209
Phone 638-8866
Fax: 638-2882

www.CNYFSC.com

General Information & Dates

General Information

Our objective with the CNYFSC Youth Soccer program is Player Development. Competitive games & training sessions are what each player needs at the younger ages. Winning should be important but not the only goal. The games are used as a training tool just as much as the Monday skills training.. CNYFSC Youth Soccer training sessions are skill sessions. You may or may not train as a team. The sessions are geared towards improving each players individual skills. Once the individual skills are taught, we can move onto teaching tactics.

All CNYFSC Youth Soccer Teams will be formed with a first come first serve basis. Players will be placed on teams until the roster is full. The number of incoming players will determine the number of Youth Teams in each age group.

Individual players interested in joining a team can sign up for any of our CNYFSC Youth teams. Each one of the age groups will have boys and girls teams. If we do not have enough we will form coed teams.

Age	Field Size	# w/ Keeper
U6-U8	35yd x 25yd	4v4 or 5v5
U8-U11	70yd x 45yd	7v7
U12-U19 (Modified, JV, Varsity)	110yd x 70yd	11v11

Number of Games & Dates

10 Games

May 6th/7th, May 13th/14th, May 20th/21st
June 3rd/4th, June 10th/11th, June 17th/18th, June 24th/25th
July 8th/9th, July 15th/16th, July 22nd/23rd, July 29th/30th

Playoffs

Top 4 Teams in Each Division Qualify
Playoff Dates based on Age Group

Training Session Dates

May 2nd, May 9th, May 16th, May 23rd,
June 6th, June 13th, June 20th, June 27th,
July 11th, July 18th, July 25th
August 1st

*If your son/daughter plays in one of the U6-U8 Leagues, your training will end on 7/25

*If your son/daughter plays in one of the U8-U11 Leagues, your training will end on 8/1

*If your son/daughter plays in one of the Modified, JV, Varsity Leagues, your training will end on 6/20 or 6/27 based on when playoffs are scheduled

(Training is open to all CNYFSC Youth Soccer players)

Game & Training Information

CNY Youth Soccer Outdoor Games

Day: Friday's and/or Saturday's

Games are mainly played on Friday's but there will be a few games on a Saturday due to the number of registered teams

Start Date: May 6th/7th

End Date: July 29th/30th

Playoffs: TBA - Based on age group

Game Kick off Times: Vary by Age Group

Price:

New Player Fee: \$165.00 (Games, Training and Jersey)

Returning Player Fee: \$155.00

⇒ Only if currently playing in Spring 2016 indoor season

New Player Games Only : \$100.00 (Games and Jersey)

Returning Player Fee Games Only: \$90.00

⇒ Only if currently playing in Spring 2016 indoor season

CNYFSC Youth Soccer Outdoor Training

(Concentration on Individual Skills)

Day: Every Monday

Start Date: May 2nd

End Date: August 1st

Training Time:

All CNY YS Players - 6:30pm-7:30pm

Training times may adjust due to number of registered players

Location of Games & Training Sessions

The CNY Family Sports Centre
7201 Jones Road
Syracuse, NY 13209

MUST REGISTER BY FRIDAY APRIL 29th, 2016

Registration Form

CNYFSC INDOOR YOUTH SOCCER REGISTRATION FORM SUMMER 2016 INDOOR SEASON

Player's Name: _____

Date of Birth: _____ Age: _____ B or G

If Returning: (from current session): List Team Name: _____

Shirt Size: (Circle) YS YM YL AS AM AL

Is Your Child A GoalKeeper: (Circle) Yes or No

Parent's Name: _____

Address: _____

City: _____ Zip: _____

Day Phone: _____

Cell Phone: _____

E-Mail Address: _____

Credit Card: (Only if paying with credit card)

Visa ___ MasterCard ___ Discover ___

Expiration Date: _____ CVC2 Code: _____

Card Holder: _____

Waiver of Liability: By Signing this registration, I understand I am responsible for providing insurance for my child or myself against personal injury or death while participating in activities at the Central New York Family Sports Centre. I also hold the Central New York Family Sports Centre harmless in the event of injury or death.

Signature: _____

If you would like to place your child with a particular player or players please list the name or names below:

Name: _____

Name: _____

Player Fees:

New Player Fee: \$165.00 (Games, Training and Jersey)
Returning Player Fee: \$155.00

⇒ Only if currently playing in Spring 2016 indoor season

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