

# About The Coaching Staff

## Greg Scott

Rush Henrietta HS. All-league player, and Empire State Games 1986. Standout player at Keuka College & Oswego State. At Keuka, Coach Greg made 583 saves and a save percentage of .671 (which is still in the lead today) Formerly the Head Coach Lafayette HS he led the program to 2 NYSPHAA State Championships, 3 Section III Championships and he was named the 2003 coach of the year. He finished at Lafayette with a 101-10 record as a Head Coach. He is currently the FCA Regional Coaching Director and U15 National Champion Head Coach. After coaching at Lafayette, he coached as an assistant for the B'ville Varsity program in 2007-2008, and he coached the JV boys at B'ville in 2009-2010. He coached the girls B'ville mod team in 2011. Coach Greg also coaches in the CNYELC Lacx Club, and we are proud to end on the note that he is a Gulf War Veteran, and we are proud to have him on our staff!

## Eric Burns

As a lifelong lacrosse player, Eric Burns graduated from West Genesee as an All-American and CNY Player of the Year, and went on to Hobart College playing with the best talent in the country. Eric has coached at multiple venues, with the most recent being the Boys Varsity Lacrosse Coach at Onondaga Central for five years. Eric has recently changed teaching positions, accepting a job back at his alma mater, West Genesee. Eric has since joined the girls' side, and will coach girls lacrosse at West Genny this upcoming spring. Eric also owns his own lacrosse development camp called *E.R. Lacrosse*, where he introduces the game of lacrosse to boys and girls, ages 4-7 years old, making his addition to our coaching staff ideal. Eric's talents aren't exclusive to lacrosse. He also coaches 5/6 year olds for West Genesee Pop Warner, and Camillus Youth Hockey Association.

## Tyler Gale

Coaching Director of Finger Lakes Lacrosse Club, Tyler was a standout player at Lafayette HS, earning 2 state titles, and he played collegiate lacrosse at Loyola.



# About The Sports Centre

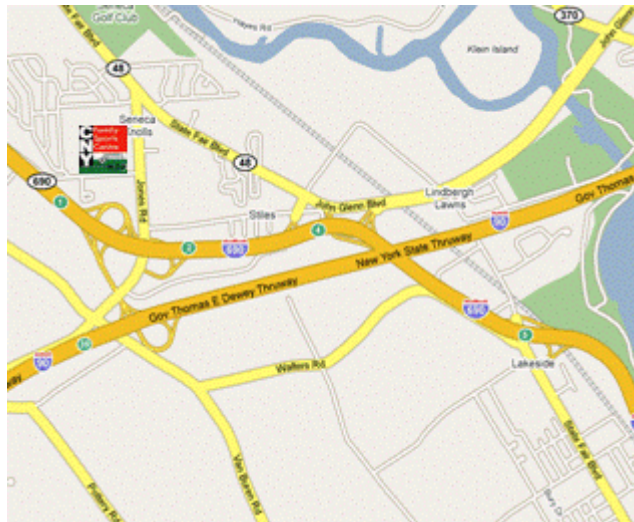
## Featuring Indoors

- ◆ Two 185' x 85', Sport Field turf (plays like natural grass) multipurpose fields with dasherboards
- ◆ Seating for 320 spectators in bleachers
- ◆ One 500 sq. ft. warm-up area
- ◆ Men's & women's changing areas and rest rooms
- ◆ Education Center / Team Meeting Room
- ◆ Video arcade
- ◆ Upper Level Mezzanine for spectator viewing

## Featuring Outdoors

- ◆ Three 110 yd. x 70 yd. multipurpose natural grass fields
- ◆ Two 70 yd. x 40 yd. multipurpose natural grass fields
- ◆ One 90 yd. x 60 yd. multipurpose natural grass field
- ◆ Family picnic area
- ◆ 250 car parking lot

Conveniently located off Route 690 at Jones Road  
or Exit 39 of the NYS Thruway



# CNYFSC Boys Youth Lacx Individual Registration

Indoor Lacrosse Training and Games  
Grades 3&4, 5&6 and Modified Leagues  
Training Every Wednesday  
Games Every Friday



# Winter League

The CNY Family Sports Centre  
7201 Jones Road  
Syracuse, New York 13209  
Phone 638-8866  
Fax: 638-2882

[www.CNYFSC.com](http://www.CNYFSC.com)

# General Information and Dates

## General Information

Our objective with the CNYFSC Boys Youth Lacrosse program is Player Development. Competitive games & training sessions are what each player needs at the younger ages. Winning should be important but not the only goal. The games are used as a training tool just as much as the Wednesday skills training.. CNYFSC Boys Youth Lacrosse training sessions are skill sessions. You may or may not train as a team. The sessions are geared towards improving each players individual skills. Once the individual skills are taught, we can move onto teaching tactics.

All CNYFSC Boys Youth Lacrosse Teams will be formed with a first come first serve basis. Players will be placed on teams until the roster is full. The number of incoming players will determine the number of Youth Teams in each age group.

### Field Size & Goal Size

Grades 3&4	185ft x 85ft	5' x 5'
Grades 5&6	185ft x 85ft	5' x 5'

### Number of Players

Grades 3&4	7v7 (6 and a Goalie)
Grades 5&6	7v7 (6 and a Goalie)

### Friday Games—Grades 3&4 and Grades 5&6

January 6th, January 13th, January 20th,  
January 27th, February 3rd, February 10th,  
February 17th, and March 2nd

#### Playoffs on March 9th

(If your team finishes in the top 4 in their league)

**\*There will not be games scheduled on February 24th\***

### Dates for Training Sessions

#### Wednesday Training Sessions:

January 4th, January 11th, January 18th,  
January 25th, February 1st, February 8th,  
February 15th, February 29th, and March 7th

**\*There will not be a training session on February 22nd\***

### Required Equipment for all Boys Lacrosse Leagues:

Each player is required to have the following to be able to play in the Boys Youth Lacrosse Leagues at the CNY Family Sports Centre:

Helmet, Gloves, Elbow Pads, Shoulder Pads, Cup, Mouth Piece, and Turf Shoes or Sneakers.

# Game & Training Times

## CNYFSC Boys Youth Lacrosse Games

**Day:** Grades 3&4, Grades 5&6: Fridays  
**Start Date:** Grades 3&4, Grades 5&6: January 6th  
**End Date:** Grades 3&4, Grades 5&6: March 2nd  
**Playoffs:** Grades 3&4, Grades 5&6: March 9th  
**Game Times:** 5:00pm - 8:30pm

### Price:

**Player Fee:** \$150.00 (Games, Training and Jersey)  
Available for Grades 3&4, Grades 5&6 Only

**Games Only :** \$80.00 (Games and Jersey)  
Available for Grades 3&4, Grades 5&6 and Boys Modified  
**Practice Only :** \$95.00 (Includes training & a Jersey)

### Location of Games & Training Sessions

The CNY Family Sports Centre  
7201 Jones Road  
Syracuse, NY 13209

The CNYFSC Boys Youth Lacrosse games will be played every Friday beginning on **January 4th** (for Grades 3&4 and Grades 5&6 Levels). Each player will receive 8 games and the season will end on **March 9th** with playoffs . The games will begin anytime from **5:00pm-8:30pm**. Each game is 40 minutes long consisting of two 20 minute halves. The CNY Family Sports Centre will provide each individual with a CNYFSC Boys Youth Lacrosse shirt/Jersey. The players will be placed on a team coached by a member of our staff.

The games will be used as another training tool to help each player maximize his potential. Player Development is the number one priority. We believe at this level players should get an opportunity to play equally and learn in an enjoyable environment.

## CNYFSC Boys Youth Lacrosse Skills Training

(Not Team Training, Concentration on Individual Skills)

**Day:** Every Wednesday  
(No Training on February 22nd)  
**Start Date:** January 4th  
**End Date:** March 7th

### Skills Training Times:

**Grades 3&4, Grades 5&6:** 6:00pm-7:00pm

**\*\*Please Register for the above programs by December 22nd, space is limited, and the program will fill to capacity\*\***

# Registration Form

CNYFSC BOYS YOUTH LACROSSE REGISTRATION FORM  
WINTER 2012

Player's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_

Shirt Size: (Circle) YS YM YL AS AM

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Credit Card: (Only if paying with credit card)

Visa \_\_\_ MasterCard \_\_\_ Discover \_\_\_

# \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CVC2 Code: \_\_\_\_\_

Card Holder: \_\_\_\_\_

Signature: \_\_\_\_\_

**If you would like to place your child with a particular player or players please list the name or names below, and we will do our best to accommodate:**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

### Player Fees (please select one option):

**Player Fee:** \$150.00 (includes Games, Training and Jersey)

**Games Only:** \$80.00 (includes Games and Jersey)

**Practice Only :** \$95.00 (Includes training & a Jersey)

**Please Register By December 22nd, 2011**

**Please make checks payable to:  
CNYFSC**