

About CNYFSC Youth Soccer

Large Field:

- U9 B & G - U14 B & G
- U9 7 field players plus keeper (8v8)
- U10 6 field players plus keeper (7v7)
- U11 6 field players plus keeper (7v7)
- U12 5 field players plus keeper (6v6)
- U13 5 field players plus keeper (6v6)
- U14 5 field players plus keeper (6v6)

Large field maximum 14 players on roster

Small Field:

- U6 Coed - U8 Coed
- U6 4 field players plus keeper (4v4)
- U7 4 field players plus keeper (4v4)
- U8 4 field players plus keeper (4v4)

Small field maximum 12 players on roster

All CNYFSC Youth Soccer Teams will be formed with a first come first serve basis. Players will be placed on teams until the roster is full. The number of incoming players will determine the number of Youth Teams in each age group.

Individual players interested in joining a team can sign up for any of our CNYFSC Youth teams. The teams that will be formed for the Small Field are U6, U7 & U8. Teams that will be formed for the Large Field are U9, U10, U11, U12, U13, & U14. Each one of the Large Field age groups will have boys and girls teams. If we do not have enough we will form coed teams.

Small Field U6, U7 & U8 (4v4)

The small field format will help younger players get more touches on the ball in game situations. The U6, U7 & U8 age groups will play on a 30 yd x 20 yd field with outdoor goals (6' x 12'), touch lines and end lines.



This style of play will allow players to use skills taught in training sessions and execute them in games.

About The Sports Centre

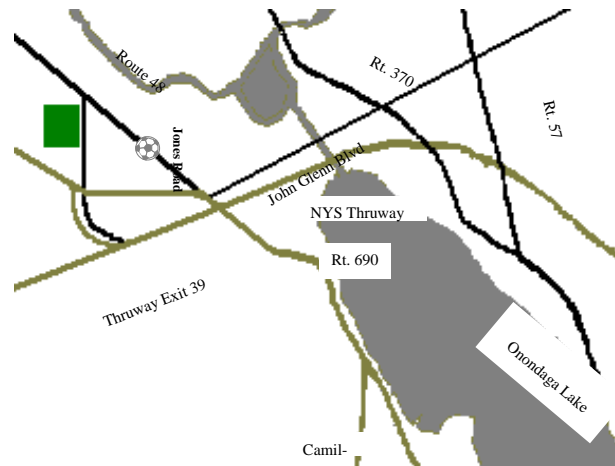
Featuring Indoors

- ◆ Two 185' x 85', Sport Field turf (plays like natural grass) multipurpose fields with dashboards
- ◆ Seating for 320 spectators in bleachers
- ◆ One 500 sq. ft. warm-up area
- ◆ Men's & women's changing areas and rest rooms
- ◆ Education Center / Team Meeting Room
- ◆ Video arcade
- ◆ Upper Level Mezzanine for spectator viewing

Featuring Outdoors

- ◆ Three 110 yd. x 70 yd. multipurpose natural grass fields
- ◆ Two 70 yd. x 40 yd. multipurpose natural grass fields
- ◆ One 90 yd. x 60 yd. multipurpose natural grass field
- ◆ Family picnic area
- ◆ 250 car parking lot

Conveniently located off Route 690 at Jones Road or Exit 39 of the NYS Thruway



CNYFSC Youth Soccer Individual Registration

Soccer Training and Games for
Ages 5 - 14
Training Every Monday
Games Every Saturday or Sunday



October - January 2008/2009

The CNY Family Sports Centre
7201 Jones Road
Syracuse, New York 13209
Phone 638-8866
Fax: 638-2882

www.CNYFSC.com

About The Coaching Staff

Experienced, Knowledgeable, and Enthusiastic

Jeff Knittel

A former player at Syracuse University, Jeff has become one of the most recognized players from the Syracuse area. A native of Chittenango, he was a 3 time All - America, 1994 National High School Player of the year, a former U17 USA National Team Player, and the 1995 Big East Conference Rookie of The Year. He was the Boys Varsity Head Coach at Fulton High School from 2002 - 2007 and lead the team to the 2005 NYSPHSAA State Championship , and the 2006 Section III Finals. Jeff is the Manager/ Program Director at The CNY Family Sports Centre, Coaching Director for CNY United FC and Head coach of the U11 Boys & U18 Boys CNY United FC teams. He currently holds a USSF National "B" License.

Darren Wynne

Darren who is from Dublin Ireland, has played soccer since he was 5 years old, playing for one of the best youth soccer clubs, Cherry Orchard FC, from the age of 9 up to 18 years old. A former Irish U15, U16, U18 international goalkeeper, Darren has played 27 times for his country at underage level. Also, he has played 6 years of professional soccer in Ireland with 2 separate clubs. Darren now holds a FAI Senior Coaching License, a level 2 Goalkeeping License and a USSF National "C" Coaching License. He is the U15 Girls & U16 Boys Head Coach with CNY United FC.

Guest Coaches will be attending weekly

Guest Coaches will consist of some of the best current and former players in the Syracuse area

Score Equipment

Official Supplier To All CNYFSC House Teams

Game & Training Times

CNYFSC Youth Team Games & Practices

Day: Every Saturday (U6 - U11)

(No games Saturday Nov 22nd or Dec 27th)

Saturday Games Start: October 25th, 2008

Day: Every Sunday (U12 - U14)

(No games on Sunday Nov 23rd or Dec 28th)

Sunday Games Start: October 26th, 2008

Times: 7:00am - 4:00pm

Price: \$125.00

The House team games will be played every Saturday or Sunday. The start times for the games will be from 7:00am - 4:00pm, beginning **Saturday October 25th, Sunday October 26th** and will consist of **10 games**. The Sports Centre will provide individual players with a jersey. They will be placed on a team coached by a member of our staff or a **volunteer parent** (encouraged to volunteer).

The games will be tailored to different levels of players on each team. Developing players will be the number one priority. In the U6, U7, & U8 age groups standings and scores will not be kept. We believe, at this age, players should get an opportunity to play equally and learn in an enjoyable environment.

CNYFSC Youth Team Practices

Day: Every Monday

(No training Dec 22nd, Dec 29th or Jan 19th)

Start Date: October 20th, 2008

Time: 6:30pm - 7:30pm & 7:30pm - 8:30pm

House team practices will be held every Monday starting **October 20th, 2008** from **6:30pm - 7:30pm and 7:30pm - 8:30pm**. Each player will have **11 practices** throughout the winter. Player development will be the focus of every training session. All house team players will train as a large group. The coaching staff at the Sports Centre will make it a priority to develop each player individually throughout the session.

The top priority for the house team program is to develop each players technical ability. **Without the technical ability we can't improve their tactical ability.** Fitness and agility will also be given priority.

Schedule for Monday House team training sessions:

Oct 20th	Nov 17th	Dec 15th
Oct 27th	Nov 24th	Jan 5th
Nov 3rd	Dec 1st	Jan 12th
Nov 10th	Dec 8th	

Registration Form

CNYFSC YOUTH TEAM REGISTRATION FORM FALL/WINTER
2008/2009

Player's Name: _____

Date of Birth: _____ Age: _____ B or G

Shirt Size: (Circle) YS YM YL AS AM

Parent's Name: _____

Address: _____

City: _____ Zip: _____

Day Phone: _____

Cell Phone: _____

E-Mail Address: _____

Credit Card: (Only if paying with credit card)

Visa ___ MasterCard ___ Discover ___

Expiration Date: _____ CVC2 Code: _____

Card Holder: _____

Signature: _____

- ⇒ Individual registrations are for U6, U7, U8, U9, U10, U11, U12, U13 & U14 only.
 - ⇒ If not currently registered with another organization, we will require a copy of a birth certificate in order to register an individual player.
- Volunteer Coaching Opportunities**
- ⇒ Please register at the Sports Centre by **October 19th** if you are interested in coaching a house team.
 - ⇒ Contact Jeff Knittel @ 638-8866 if you are interested in the volunteer coaching positions.

Inquire at the front desk about the Sports Centre camps and clinics held throughout the fall, winter, spring & Summer

Please make checks out to:
CNYFSC