

Columbus Day

2009

Monday October 12th

Soccer Camp



Monday October 12th
Full-Day Soccer Camp
9:00am—4:00pm
Ages 5 - 14



This camp is tailored to both the inexperienced and advanced player. Our younger campers will receive training focused on technique and basic tactics giving them the skills necessary for success. Advanced players will be challenged to perform skills at speed and encouraged to develop their ability to read the game and play at a higher level.

Location:

The CNY Family Sports Centre
 7201 Jones Road
 Syracuse, NY 13209

General Schedule

8:40am – 8:55am Camper arrival
9:00am – 9:30am Technical warm-up (w/ Keepers)
9:30am – 11:00am Technical topic (w/ Keepers) (*dribbling, passing, receiving, finishing, heading...*)
11:00am – 12:00pm Small-sided games (w/ Keepers)
12:00pm – 1:00pm Lunch
1:00pm – 1:30pm Tactical warm-up (w/ Keepers)
1:30pm – 3:00pm Tactical topic (w/ Keepers) (*defending, combination-play, transition...*)
3:00pm – 4:00pm Full-field games (w/ Keepers)

Contact Information:

Camp Director
 Jeff Knittel
 Phone: 315-638-8866
 Fax: 315-638-2882
 www.cnyfsc.com

Time:

9:00am - 4:00pm

Fee:

\$45.00 Per Player

Ages:

5 - 14

Check Out Our Fall, Winter, Spring & Summer Soccer Camps!

Upcoming Camps

Thanksgiving
 Wednesday Nov 25th

Christmas Camp
 December
 28th, 29th & 30th

Camp Will be held Inside on our Indoor Turf Fields!

Check Out Our
CNYFSC Youth Indoor Soccer Program
 Begins Monday October 19th, 2009
 9 Games
 13 Training Sessions w/ Professional Coaches
Age Groups Available
 U6 - U14 Boys, Girls or Coed
Contact Jeff Knittel
 315-638-8866 or jeffknittel@hotmail.com



One of Our 2007 Summer CNYFSC Soccer Camps

Player's Name: _____

Date of Birth: _____ Age: _____

Parent's Name: _____

Address: _____

City: _____ Zip: _____

Day Phone: _____ Cell Phone: _____

Email Address: _____

Emergency Contact: _____

Emergency Phone #: _____

Medical Concerns: _____

Credit Card: (Only if paying with credit card)

Visa _____ MasterCard _____ Discover _____

Expiration Date: _____ CVC2 Code: _____

Card Holder: _____

Signature: _____

Please Fill Out Registration Form and send to:

The CNY Family Sports Centre
 7201 Jones Road
 Syracuse, NY 13209

Fax: 315-638-2882

Email: jeffknittel@hotmail.com

Questions? Contact CNYFSC
 315-638-8866