

# Yoga Class

## February 22nd

[www.CNYFSC.com](http://www.CNYFSC.com)



**Instructor:**  
Melinda Chilson

- Certified Yoga Instructor
- Personal Trainer
- Wellness Counselor
- PhD of Holistic Nutrition
- MS in Human Services

**Fee:**  
6 weeks \$80

## Start Dates

**Monday**  
Feb. 22<sup>nd</sup> to March 29<sup>th</sup>  
5:30pm to 6:30pm

**Wednesday**  
Feb. 24<sup>th</sup> to March 31<sup>st</sup>  
1:00pm to 2:00pm

**Thursday**  
Feb. 25<sup>th</sup> to April 1<sup>st</sup>  
7:45pm to 8:45pm

### Registration Form

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Day Phone: \_\_\_\_\_ Cell .Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_  
Emergency Phone #: \_\_\_\_\_  
Medical Concerns: \_\_\_\_\_  
Credit Card: (Only if paying with credit card)  
Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover \_\_\_\_\_  
# \_\_\_\_\_  
Expiration Date: \_\_\_\_\_ CVC2 Code: \_\_\_\_\_  
Card Holder: \_\_\_\_\_  
Signature: \_\_\_\_\_

For more information contact:

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